

Trinity Academy Halifax

Policy:

Relationship, Sex and Health
Education

1. Purpose of policy and guiding principles

- 1.1. The school believes that Relationships, Sex and Health Education is the lifelong learning about moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care.

the diversity of different ethnic groups, the power of prejudice and to be aware of exploitation in relationships.

3.3. Aim: To develop self-esteem, confidence, independence and responsibility; and make the most of their abilities. The objective of this aim is to be able to:

recognise and manage influences, pressures and sources of help

consider long and short term consequences when making decisions about personal health

use assertiveness skills to counter unhelpful pressure.

4. Roles and responsibilities

4.1. The planning and organisation for the Relationships, Sex and Health Education programme, delivered through Curriculum for Life, is the responsibility of an Assistant Principal (responsible for Curriculum) and the Curriculum for Life Lead Teacher.

4.2.

6.2. The aim is to provide an understanding that positive, caring environments are essential for the development of a good self-image and that individuals are in charge of, and responsible for, their own body and actions.

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Appendix 1

