



Trinity Academy Halifax

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| Policy: | Relationship, Sex and Health Education |
| Date of review: | July 2023 |
| Date of next review: | July 2025 |
| Lead professional: | H Tuffnell - VP Curriculum |
| Status: | Statutory |

- x the diversity of different ethnic groups, the power of prejudice and to be aware of exploitation in relationships.

3.3. Aim: To develop self-esteem, confidence, independence and responsibility; and make the most of their abilities. The objective of this aim is to be able to:

- x recognise and manage influences, pressures and sources of help

- 6.2. The aim is to provide an understanding that positive, caring environments are essential for the development of a good self-image and that individuals are in charge of, and responsible for, their own body and actions.
- x Balanced factual information will be given within a framework in which students can examine their own attitudes and have opportunities to consider other views.
 - x Materials, information and teaching strategies used will be selected to be appropriate for the students' age, intellectual development and maturity.
 - x Teachers will assume that they may be covering areas that some parents will already have covered with their children; therefore attitudes may have been formed and should be respected.
 - x It is recognised that it is important for the moral dimensions of sexual relationships to be considered responsibly, taking account of religious principles and parental guidance.
 - x The content will be presented to students in such a way so as to encourage them to have due regard for moral considerations and the value of family life.
 - x All work delivered will be sensitive to the needs of all students and will take account of gender, religions and sexual orientation.
 - x Some work will be delivered in single sex groups.
 - x Students will be consulted in terms of content and their preferred method of grouping for delivery of these sessions.
- 6.3. The materials in use will be reviewed regularly by the Vice Principal (Curriculum) and the Curriculum for Life Lead Teacher, in addition to the Curriculum Leaders for Science and Humanities. The students will play a full and active part in the reviewing their effectiveness.

7. Information to Parents

- 7.1. Parents are able to access this policy at any time via our website. It has been written in conjunction with parents and carers, as well as various stakeholders within the Academy. We want to work closely with parents to ensure that they are fully aware of what is being taught and the rationale for its importance.
- 7.2. Information on the content of the programme can be accessed on the school website. Further details can be sought by contacting the Curriculum for Life Lead Teacher or the Curriculum Leaders for Science and Humanities.
- 7.3. Parents do have the right to withdraw their children from sex education lessons (Appendix 1). The Academy asks that any parent(s) who wishes to withdraw their child from the sex education element of Relationships, Sex and Health Education (that which is not part of the Science national curriculum) completes the 'opt-out' form (Appendix 2) and then makes an appointment to speak to a member of the Senior Leadership Group (SLG) to discuss how this topic(s) will be delivered by parents at home. Requests for withdrawal from lessons should be addressed to the Principal who will make suitable arrangements within 21 days.
- 7.4. Under the government statutory guidance (2020) students have the right to opt-in to sex education, even if this goes against the stated wish of their parents, when they are within 3

- x The Curriculum for Life Lead Teacher, Science and Humanities Curriculum Leaders / Deputy Curriculum Leaders will attend training and meetings as appropriate to ensure that the school is kept updated and up-to-date.
- x Teachers responsible for delivering Relationships, Sex and Health Education should feel confident that they will be given appropriate support and training as required.
- x Experienced staff involved in Relationships, Sex and Health Education consultation with the Curriculum for Life Lead Teacher, Science and Humanities Curriculum Leader / Deputy Curriculum Leader and their involvement will be in accordance with this policy. The involvement of any outside agency may be observed and supported, by academy professionals.
- x Priority will be given to staff new to the teaching of Relationships and Sex and Health Education when training opportunities are available.
- x Guidance based on DfE guidance (issued under Section 8 of the Education Act 2002 and section 175 of the Education Act 1996) are available for all members of Relationships, Sex and Health Education. Details of the current guidance can be found on the website.

Relationships

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Appendix 1: Categorisation of topics within the Curriculum for Life programme

Key Competence

| Key Content from Statutory Guidance | Relationships Education | The science of sex education | Sex Education (non-science / life lessons) | Health Education | The Law |
|--|-------------------------|------------------------------|--|------------------|---------|
| Sexual relationships: healthy intimate relationships | Y | | | | |

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| Key Content from Statutory Guidance | Relationships Education | The science of sex education | Sex Education (non-science / life lessons) | Health Education | The Law |
|---|-------------------------|------------------------------|--|------------------|---------|
| Drugs: physical and psychological risks linked with alcohol | | Y (KS3, KS4) | | Y | |
| Drugs: consequences of addiction including alcohol dependency | | Y (KS3) | | Y | |
| Drugs: dangers of prescription drugs | | | | Y | |
| Drugs: facts about the harms from smoking tobacco | | Y (KS3, KS4) | | Y | |
| Health: personal hygiene | | | | Y | |
| Health: dental health | | | | Y | |
| Health: benefits of regular self-examination and screening | | | | Y | |
| Health: immunisations and vaccinations | | Y (KS4) | | Y | |
| Health: importance of sleep | | | | Y | |
| First aid: treatment for common injuries | | | | Y | |
| First aid: lifesaving skills including CPD | | | | Y | |
| First aid: purpose of defibrillators | | | | Y | |
| Changing bodies: facts about puberty | | Y (KS2) | | Y | |

Appendix 2: Sex Education 'opt-out' form

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| Name of student: | |
| Year group: | |

Please answer the following questions if you wish to withdraw your child from the sex education elements of our whole school Relationships, Sex and Health Education provision:

1. Which sex education topics do you wish to withdraw your child from?
2. Why do you wish to withdraw your child from these topics?
3. How do you intend to provide information and guidance on this topic(s) at home?

Once we have received this form, you will be invited into the Academy to discuss these questions further with a member of our Senior Leadership Group and Curriculum for Life Lead Teacher. We can only confirm that your child will not take part in any lessons covering a topic classified as 'sex education' once this meeting has taken place.

Please be aware that your child has a right to opt back in to learning about topics classified as 'sex education' when they are within 3 terms of their 16th birthday. If this is the case, the Academy will provide a 'catch-up' programme to inform them of topics they have missed. This is part of the Department for Education statutory guidance (2020).

For further information, please see the Academy Relationships, Sex and Health Education policy.

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| Date of meeting: | |
| Meeting with: | |

Following this meeting I do / do not want to withdraw my child from sex education.

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|---------------|--|--------------------------|--|
| Printed name: | | Relationship with child: | |
| Signed: | | Date: | |